

ACHARYA HASTI KARUNA RATNA AWARD

We are pleased to announce that Karuna International will present the '**ACHARYA HASTI KARUNA RATNA AWARD**' at our Annual Conference to be held at Bikaner on 9th & 10th November 2013. This award is bestowed every year to a person in recognition of a lifetime of exemplary service to the cause of promoting 'Understanding & Compassion' for all living beings and is an inspiration for others to emulate.

The award would comprise of an amount of rupees 1,00,000 and a citation. It is sponsored by Surana & Surana International Attorneys, Chennai.

We invite nominations for the award which will be conferred on a deserving person. Nominations must be made with complete details of the nominee; records of his work and achievements, attested by any respectable well known personality.

Please send in your nominations in Hindi / English before 15/ 08/2013; clearly stating on the envelope – Application for '**ACHARYA HASTI KARUNA RATNA AWARD**' to the following address:

Karuna International, No. 70, Sembudoss Street, 1st floor, Chennai-600 001

Phone: 044-25231714, 2523 1724; Email ID: karunainternational@yahoo.co.in

With Best Wishes

Kailashmull Dugar
Chairman, Karuna Ratna Award Committee
Cell: 098410 08585

KARUNA SEVA AWARD

We are pleased to announce that Karuna International will present the '**KARUNA SEVA AWARD**' at our Annual Conference to be held at Bikaner on 9th & 10th November 2013. This award is bestowed every year to a Karuna Activist, a person who is associated with Karuna International, has been deeply involved in Karuna activities, has dedicated his life to the cause of Karuna Clubs, spreading the message of Karuna and inspiring others to do the same.

The award would comprise an amount of rupees 25,000 and a citation. It is sponsored by Surana & Surana International Attorneys, Chennai.

We invite nominations for the award which will be conferred on a deserving person. Nominations must be made with complete details of the nominee; records of his work and achievements, attested by any respectable, well known personality.

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Kailashmull Dugar
Chairman, Karuna Seva Award Committee
Cell: 098410 08585

Chennai Kendra**Devi Academy Sr. Sec. School, Valasaravakkam Prize Distribution**

A grand prize distribution ceremony was held in our school on March 23, 2013.

Prof. B. Ramanathan, Joint Secretary of Karuna International, Chennai was the Chief Guest of the function.



More than 415 students participated in the National Level Competition and answered questions on the wonderful stories on compassion which touched our hearts. Among them, 94 students emerged as successful winners.

The Chief Guest distributed the cash prizes and encouraged the students. 27 students won certificates in the contest.

**SKNS PMC Vidyalyaya Jr. College, Preambur
Students Training Programme
on Humane Education**

Students of classes IX C and VIII C participated in the training programme on 06.04.2013. The programme commenced with Karuna Prayer.



The inaugural session was by Smt. Lakshmi Neelakantan, CEO of K.I. Topic was 'LET US MAKE A DIFFERENCE'. During her interaction with the students she asked them to speak about their goals in life. She stressed the need to imbibe values of compassion, tolerance, patience, reverence, love, etc. to achieve their goals. She explained the Karuna values with a power point presentation, in a simple manner so that each student was able to understand the importance of all the values.

Mr. Selvakumaran, Pracharak of K.I. took up the second session. He spoke on the topic "KARUNA VALUES IN THE YOUNG GENERATION". He encouraged children to exhibit their talents in singing.

The third session was led by Shri L.Nadarajan, of Nalaya Bharatham. He narrated real life stories. He tested the listening skills of children by asking them to narrate the stories. Many children came forward to do so and received books as gifts.



A short film, Angel of Love was also shown, and questions were asked to reinforce the values.

The fourth session was by Prof. B. Ramanathan, Joint Secretary, K.I. Chennai Kendra. The topic was "AHIMSA PAROMA DHARMA". He quoted stories from Ramayana & Mahabharata and reiterated the supreme value of Non violence.

The Karuna Oath was administered to the participating students. Certificates were distributed to the participants by Prof. Ramanathan and Shri Natarajan.

The programme concluded with Shanthi Paadal.

**Vidya Sagar Global School, Chengalpet
Inauguration of Karuna Club**

The Inauguration of the Karuna Club of Vidya Sagar Global School was held on 09.04.2013, in the esteemed presence of Mrs. Lakshmi Neelakantan, CEO of Karuna International. Mr. Suresh Kankariya, General Secretary Karuna International presided over the function. The school Principal Mr. G. Pugalenthii presented a memento to the Chief Guest and Mrs. M. Gajalakshmi, Co-ordinator of Karuna Club, organized this function.



The program started with the Karuna Prayer followed by lighting the lamp. Mrs. Lakshmi made a presentation on Human Values, **Take Pride in your Culture and Tradition, Love and Affection, Compassion, Reverence, Tolerance and Equanimity**. The students of classes 6 to 10th interacted with the Chief Guest and participated with enthusiasm in the session. The Karuna Pledge was administered. The programme came to an end with the Vote of Thanks.

Drawing Competitions

Karuna International is proud to be associated with Humane Society International in promoting Animal Welfare and Vegetarianism. We know that compassion and kindness towards weaker sections in the society builds a strong human character, and that childhood is

the best stage in life to mould a positive and conscious individual.

To inculcate compassionate values in our children, we invite your institution to participate in a painting competition with the theme: "Where is our food coming from?"

The objective is to create awareness among students about the dismal condition of animals.

Children naturally care for animals and we believe that this awareness will enrich their knowledge about the symbiotic relation between animals and environment. Trust us orienting these young minds can bring a colossal positive change. Together we can build a better society!

About 10 schools in Chennai have successfully conducted this awareness programme and are awaiting their prizes when schools reopen in June.

Devi Academy Senior Secondary School



A colourful and thematic art contest titled 'Where is our food coming from?' was conducted in our School's auditorium. The students voiced their concern for animals through the contest, that was conducted on the 10th of April, in the school premises.

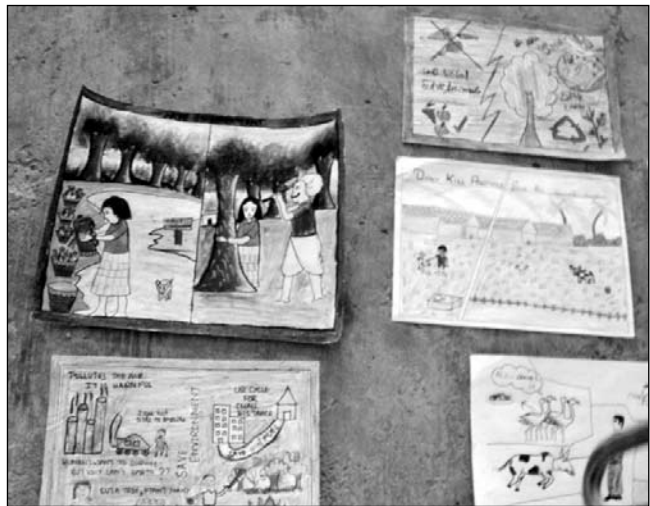


Professor B. Ramanathan, Joint Secretary of Karuna International was one of the dignitaries invited to witness

the contest. More than 120 students of classes VI to XII participated in the contest and expressed their concern for animals thereby highlighting symbiotic relationship between animals and environment in colours.

Ponvidyashram, Valasaravakkam

On 18-04-2013, morning we conducted the painting competition (the topic - WHERE IS OUR FOOD COMING FROM) for students of the classes VI to XII. Overall 101 students participated. Mr. K.P.G. Reddy, member Karuna International came to our school to view the competition and encourage the students.



Chinmaya Vidyalaya, Annanagar On 17-04-13

We were very happy to be a part of the programme organised by the Karuna International in association with



the Humane Society International. The children of the Vidyalaya viewed the very informative video and then expressed their creativity by way of drawing and using different colours.

The teachers explained the importance of treating the animals with compassion and kindness. The students expressed their concern and participated in this activity with utmost enthusiasm.

Kurnool Kendra

Annual Karuna Convention 2013

The Annual event of Karuna International, Kurnool Kendra was conducted at Ambedkar Bhavan, Kurnool on 9.2.2013. Nearly 400 students attended the function.

The meeting started with the Karuna prayer. The Chief Guest Dr. Devi Prasad Jayaram, Dy. Educational officer, Mr. Manilal M. Jain, Mr. B. N. Chetty and other members inaugurated the programme by lighting the lamp. Mr. Manilal M. Jain gave a speech about Karuna values. The Chief Guests advised pupils to develop the qualities of Compassion, Non-Violence, , friendliness and become the best citizens of the country. Mr. Ratana Reddy explained the importance of vegetarian food.



2381 students of different schools appeared for the examination on 'Stories on compassion'. 11 pupils won I prize worth Rs.1,000, II prize worth of Rs. 600, III prize of Rs. 400. A total amount of 55,000 rupees was distributed as prizes to all students.

The Rolling Trophy Award was given to Ravindra Vidya Niketan Girls High School, Kurnool. Sri Putta Reddy, Sri Milapchand Sri Govind Rao, Dr. Nagaraj, Sri Ratan Reddy, Sri Sahadev Reddy, Sri Raghunath Reddy, Sri Narasimha Rao, Ms. Subhalaxmi also graced the occasion. The meeting concluded with the vote of thanks.

PSS Educational Development Society, Erragudur Award Ceremony

On the occasion of Mahatma Jyothi Rao Pule Jayanthi, a grand function was organized at SBTC Degree College in Kurnool District. Mr. Sanjeevarauyudu, Convener of K.I. was honoured in this occasion.



Dignitaries, Sri. B.N. Chetty, Radio Station Director, Dr. Pothanna, AP Tourism Officer, Venkateshwara Pulla Reddy, A. P. Ramiah Yadav, N. Srinivalulu, Sindhu Nageswara Rao, Prudvi Raju Venkata Nagamma, Kiran Raju graced the function.



The dignitaries addressed the gathering on various topics: Environment Conservation, Forest Development, Water Conservation, Wild Life Conservation, And Karuna Values.

The function was a grand success.

Visakhapatnam Kendra

G.V.M.C. High School, Madhuranagar Inauguration Of Karuna Club

The Karuna Club was inaugurated at G.V.M.C. High School, Madhuranagar, Visakhapatnam-16 on 30/1/2013 by Sri.K.Balakrishna Rau, Chairman Emeritus, Karuna International, Visakhapatnam Kendra.

The Function was presided by: Smt.V.Lakshmi, Head Mistress. The Guests of Honour were: Sri.K.Durga

Prasad, General Secretary, Karuna International VSKP Kendra, Sri.A.Surya Narayana, Teacher, Sri.B.Srinivasa Rao, Teacher, Smt.M.Uma Maheswari, Teacher, Smt M. A. Bhramarambha, Teacher and Smt. Jayakumari, Teacher

Sri.K.Balakrishna Rau furnished crystal clear information about Karuna club and its purpose, and exemplified the divine service of Sri. Dulichand Jain for universal peace and brotherhood of humanity.

Indore Kendra

Pachyderms Rescued!

Coming to the rescue of a pair of chained elephants at Indore Zoo, a Lokadalat of Madhya Pradesh High Court in Indore on Saturday directed the state government to trans-locate and set free within 45 days these pachyderms either in world famous Kanha Tiger Reserve or Bandhavgarh National Park - both situated in eastern part of the state.

The authorities were asked to submit their compliance report regarding male elephant named 'Moti' and female pachyderm christened 'Champa' within 45 days.



The elephants were captive for more than ten years at the Indore zoo. During the hearing, Central Zoo Authority (CZA) counsel Mohan Sausarkar stated the retention of elephants at Indore zoo is unjust and improper. The CZA has already issued circular prohibiting keeping the elephants captive in zoos on November 7, 2009, the counsel said.

The HC direction came while disposing of a Public Interest Litigation moved by Dr. Sudhir Khetawat, Chairman of Indore, Madhya Pradesh Branch of Karuna International for rehabilitation of the two captive elephants.

Mahavir Jayanthi

The Jain Mahasangh celebrated the 2612th Birth Anniversary of Lord Mahavir in a grand manner at Sree Dadawadi Temple, Chennai.

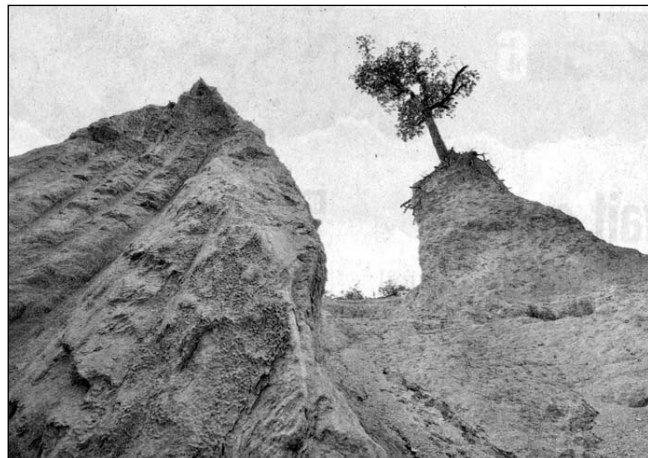


Karuna International had a stall in the premises, where in CD presentations were made. The Karuna Values of Compassion, Non violence, Kindness to all Creatures, Vegetarianism were highlighted. Shri. Suresh Kankariya, General Secretary, KI and Sri Ramesh Chordia, Joint Secretary, Chennai Kendra, conducted the interactive sessions with the help of resource persons, Dr. Bhadresh Kumar Jain, Mrs. Lakshmi Neelakandan. The stall attracted a large number of children and adults who were presented with books and CDs for their active participation. Mrs. Dhakshayani, former E.O., Mr. Selvakumaran, Pracharak & Mr. Elango, Manager, managed the stall effeciently.



Lord Mahavir's teachings of Compassion, Universal Brotherhood, Non Violence, etc. are most relevant today. One who follows the Right Path, with the Right Knowledge in word deed and thought is surely a good global citizen.

Fighting for Survival



Erosion of life: This precariously perched tree on the outskirts of Gawahati is perhaps a reflection of what Mother Earth is being subjected to by man in the name of development. World Earth Day that falls on 22 April, is an occasion to give a thought to the extensive damage our civilization is inflicting on the planet.

The Hindu 22.04.2013.

Earth Day 2013: The Face of Climate Change

Climate change has many faces.

A man in the Maldives worried about relocating his family as sea levels rise, a farmer in Kansas struggling to make ends meet as prolonged drought ravages the crops, a fisherman on the Niger River whose nets often come up empty, a child in New Jersey who lost her home to a super-storm, a woman in Bangladesh who can't get fresh water due to more frequent flooding and cyclones...

And they're not only human faces.



They're the polar bear in the melting arctic, the tiger in India's threatened mangrove forests, the right whale in plankton-poor parts of the warming North Atlantic, the

orang-utan in Indonesian forests segmented by more frequent bushfires and droughts...

These faces of climate change are multiplying every day.

For many, climate change can often seem remote and hazy – a vague and complex problem far off in the distance that our grandchildren may have to solve. But that's only because they're still fortunate enough to be insulated from its mounting consequences. Climate change has very real effects on people, animals, and the ecosystems and natural resources on which we all depend. Left unchecked, they'll spread like wildfire.

Luckily, other faces of climate change are also multiplying every day.



Every person who does his or her part to fix the problem is also a Face of Climate Change: the entrepreneurs who see opportunity in creating the new green economy, the activists who organize community action and awareness campaigns, the engineers who design the clean technology of the future, the public servants who fight for climate change laws and for mitigation efforts, the ordinary people who commit to living sustainably...

On April 22, 2013, more than one billion people around the world took part in the 43rd anniversary of Earth Day. From Beijing to Cairo, Melbourne to London, Rio to Johannesburg, New Delhi to New York, communities everywhere voiced their concerns for the planet, and will take action to protect it. We'll harness that power to show the world The Face of Climate Change. And we'll call on our leaders to act boldly together, as we have, in this pivotal year.

Together, we'll highlight the solutions and showcase the collective power of individuals taking action across the world. In doing so, we hope to inspire our leaders to act and inspire ourselves to redouble our efforts in the fight against climate change.

TOGETHER WE WILL MAKE A DIFFERENCE!

Earth Day Anthem

There are many songs that are performed on Earth Day, that generally fall into two categories: Popular songs by contemporary artists not specific to Earth Day that are under copyright and new lyrics adapted to children's songs.

The "Earth Day Anthem" below satisfies these requirements for a universal song associated with Earth Day. Ludwig van Beethoven's "Ode to Joy" melody is already the official anthem of the European Union (in that case purely instrumental without lyrics), the melody is widely recognized and easily performed, in the public domain, and originally composed for voice.



Lyrics for the Earth Day Anthem set to "Ode to Joy":

***Joyful joyful we adore our Earth in all its
wonderment
Simple gifts of nature that all join into a paradise
Now we must resolve to protect her
Show her our love throughout all time
With our gentle hand and touch
We make our home a newborn world
Now we must resolve to protect her
Show her our love throughout all time
With our gentle hand and touch
We make our home a newborn world***

We salute the master!

Excerpts from the letter written by Shri Parasmal Jain to Shri. Dulichand Jain.

I find yourself a distinguished person with humility, deep religious knowledge, sociable, hardworking, good awardee, unassuming, always obliging, duty conscious, highly respected by all Jains and non Jains with admirable qualities of kindness to all.

Words cannot adequately express my deep respect, and high regard for you, who has conceived and established a national organization, Karuna International.

Men who work when others sleep,
Who dare while others fly,
They lay the Nations pillars deep,
And lift them to the sky.
Honour & shame on no conditions arise,
Act well thy part and
There honour lies.

You are a personification of the above lines. I pray and wish you all cheers, good health and happiness with your family.

Shri Parasmal Jain, Financier, is 87 years old but works with tireless enthusiasm for Karuna International and is the President of Tindivanam Kendra.

Request for Support

We are pleased to announce that a total of more than 12,000 students of classes 4 to 12 took the National Level Competitive Examination Compassion stories conducted in November 2012.

We print copies of these stories on Compassion and other literature based on Karuna Values every year to be distributed in schools.

We invite Karuna Members to make generous donations towards the cost of printing books on Karuna Values. A donation of rupees 15, 000 can cover the cost of printing 1000 copies of a book and entitles use of one page of advertisement of your organization, or any other karuna message you wish to convey.

Suresh Kankariya
General Secretary

Being Vegetarian

What does it mean to be a vegetarian? It seems to mean many different things to different people. Certainly the idea of being vegetarian in India is very different to being

a vegetarian in the United States or Argentina, traditional meat eating countries where meat is not only the main focus of a meal but is also almost synonymous with food. People in these and other western countries, until quite recently, have thought of vegetarians as rare and unnatural- either as health freaks, animal rights activists or eco terrorists wanting to convert the world.



This is not the case in India, which perhaps is the home of a vegetarianism that goes back thousands of years. There are more vegetarians in this country than anywhere else. So it does seem to be strange to discuss being vegetarian in an Indian magazine because most Indians are very comfortable with the idea of vegetarianism even if they themselves are meat eaters. Everybody knows someone who is vegetarian, and in fact, even most non-vegetarians may have a predominantly vegetarian diet. Most Indians wear their vegetarianism as naturally as their skin. It is just part of their family background, part of their cultural identity. The environment encourages and supports them too-and the cuisine reflects that.

Where else can one find such a wide variety of absolutely delicious vegetarian food? Indian menus are a cornucopia of, not just an incredible range of vegetables but also grains and pluses that are cooked up in myriad different ways in various regions of the vast Indian subcontinent. Dishes that don't just make your mouth water but also meet most of the required nutritional needs. Most Indians are lacto vegetarians; that is they are happy to inculcate dairy products in their diet though many consider egg as a non vegetarian food.

For Vegetarians in most other parts of the world, being vegetarian isn't usually a cultural or religious identity supported by their society but a conscious personal choice they have made. And it often makes life more convenient because mainstream culture is so 'Carnivorous'! People make the choice to be vegetarian because they feel it is healthier, more ethical or a more responsible way to treat the planet's resources. So to some, being vegetarian is simply about the food they eat and staying healthy. To others it is way of life that reflects their relationship to the world around them.

Someone who is vegan, for example, is very particular about not using any animal products as they consider this exploiting that animal. This would include dairy food, as well as honey, wool and leather.

One of the concepts behind Indian Vegetarianism is that of Ahimsa or non violence that goes back thousands of years. This is an ideal that major Indian religions are closely associated with. Ahimsa clearly is about a lot more than food. It is attitude of respect to life.

Animals & Emotions

Believers, however, typically opine that animals are capable of a range of emotions, such as happiness, sadness, empathy, grief, curiosity, anger, anxiety and fear. Elephants, along with sea lions, geese, bears, monkeys and moose all appear to be hit hard by the death of a loved one. On a more cheerful note, dolphins, chimpanzees, elk and rats are among the multitude of mammals and smattering of birds that engage in play, appearing blissfully happy when they do.



Some 15 days back, I witnessed a scene in front of my house which shows the love and affection of the canines, dogs.

I had seen a mother and her puppy in that area for the past few days . One morning the duo looked sad, may be they were hungry and had nothing to eat! I brought one idly and put it near the mother dog since the puppy had gone away from that place. To my surprise, I noticed, that the mother dog did not eat the food immediately but caught it in the mouth and ran away to her puppy and dropped the food near it. The mother dog watched as her puppy swallowed the food happily.

Ah! What a magnificent scene! Though the dog was herself very hungry, she has fed her puppy without eating it herself. I was astonished about the scene and my heart was full of joy when I realized her motherly love for her young one!

N. Radhakrishnan, Member of Karuna Family, Cuddalore