# Chennai Kendra

# N.S.N. Group of Schools Inauguration of Karuna Club

The Karuna Club was inaugurated in N.S.N. Group of Schools on 28-6-2013. The programme commenced gracefully with a sanctifying School Prayer and Karuna Club Prayer. Mrs. Lakshmi, the CEO of Karuna International and Mr. Padam Kumar Tatiya, President, Chennai Kendra, were invited to inaugurate the Karuna Club of the three schools, **N.S.N.Matriculation Hr Sec School, Chitlapakkam;** 

# N.S.N.Matriculation Hr Sec School, Chromepet; N. S.N.Memorial School, Chitlapakkam.

The Welcome Address was delivered by the Correspondent, Mrs. Chitra Prasad stressing the importance of preserving our environment and being kind to animals. Mrs. Lakshmi and Mr. Padam Kumar Tatiya lighted the 'Kuthu Villakku' and triggered a grand and ceremonious inauguration of the club. They briefed the students about the objectives of Karuna Club and its activities and enlightened them on vegetarianism and kindness to animals.

This was followed by the solemn moment of oath taking which was administered by Mrs. Lakshmi and repeated by the members of the Karuna Club. Finally the programme was given a fine ending with the vote of thanks proposed by Mrs.Anjana Ramesh.

# R. B. Gothi Jain College For Women Inauguration of Karuna Club

R.B.Gothi Jain College For Women is situated in Redhills, Chennai – 52, Karuna Club was inaugurated in our college on 12.07.2013 at 10.30 a.m. Shri.Sureshji Kankariya, General Secretary of Karuna International inaugurated the club. The programme started with college prayer and Karuna Club prayer, Shri. Sureshji Kankariya inaugurated the club by lighting the jyothi. He gave a speech on concept and activities of the Karuna Club and issued pamplets to the students.

This was followed by administration of oath to the members of Karuna Club. The co-ordinator of Karuna Club was elected and 100 members joined the club. A Blood Donation camp was conducted as a programme of Karuna club. The function concluded with the vote of thanks and the National Anthem.

# Food Fest @ Natesan School

The students of class 9 and 11 standard of Shri Natesan Vidyasala MHSS., Mannivakkam, showcased their gastronomical skills by organising a Food Fest, to spread the message of 'Balanced Vegetarian Food for Healthy Living'

The students in their respective stalls prepared and presented healthy, oil free, food items which included lots of vegetables, dals, pulses and fruits.

The food items ranged from sundal varieties to sandwich, chats to chappatis, biscuits to bissibelabath. These were sold to the parents, teachers, students and the public.

The best healthy food items, and the team which made a quick and high profit were awarded prizes.

The profit from the sales of Rs.2,500/- and the management contribution of Rs.22,500/-, together amounting to Rs.25,000/- was donated towards the Uttarakhand Flood Relief Fund.

# Sri S. Badalchand Sugankavur Chordia Vivekananda Vidyalaya Mudichur Karuna Activities

**Fruits Day** was celebrated in our school on 17.07.2013. The programme was started with the KARUNA Prayer. In this connection, nearly 160 children of UKG class participated and brought their favourite fruits like (Apple, Banana, Kiwi, Cherry, JackFruit, Litchi, Strawberry, Peach, Fig, Guava, Pineapple, Avocado, Sapodilla, Cherimoya, Date fruit, Lime, Grape, Pear, Mango, Redbanana, Orange, Grapes, Custard apple, Mangosteen, Pomegranate, Watermelon).

The programme was enriched by Rhymes, Puppet show, Identify essence of fruits, colors and shape of the fruits. Children took great effort to bring fruits and to explain about their taste. The highlight of this programme was that a child came in Banana dress. The programme was supported by KARUNA Club Teachers of the school.

# **Drawing Competition**

A Drawing Competition was held on 20.07.2013 in our Vivekananda Vidyalaya, Mudichur,Chennai-48. Topic Given For The Competition Was " **Save Our Animal Friends**"

Ist & II nd & III rd Prices were awarded to the students.

# **Essay Writing Competition**

An Essay Writing Competition was held on 20.07.2013 in our Vivekananda Vidyalaya, Mudichur, For the classes from (VI To IX).Topic given for the competition was "**GO GREEN** ". Nearly 72 Students participated The below mentioned students got I, II & III Places

# I Place A.AKASH IX – B

# II Place R.KAMALI VII – A

# III Place S.DIVYASHREE VII A

### Water Conservation

Water conservation awareness was given to the people of Samathuvapuram. A power point presentation was presented to the villages illustrating that every drop of water is very important for human survival on earth.

To promote service in the young minds of our vidyalaya students, Health checkup was also done by our school students.

### **Bhojan Mahotsav**

### "Our Main Aim Is To Promote Vegetarianism"

We celebrated **BHOJAN MAHOTSAV** on 27-7-2013 in our school.In this more than 150 Recipes were displayed, Chief Guest to this function was **Dr. G. Sivaraman and Dr. M. Kolappapillai** along with many Siddha doctors. They tasted the recipes & awarded I ,II, III prizes for winners.

# Chinmaya Vidyalaya, Virugambakkam Karuna Club Inauguration

On July 9th, Chinmaya Vidyalaya, Virugambakkam had the Karuna Club inauguration. Senior Member Karuna International Mr. K.P.G Reddy graciously accepted the invite and formally inaugurated the Karuna Club by lighting the kuthuvilakku. Our Principal Mrs. P. Vijayalakshmi delivered the welcome note.

On this day, a student of class IX Soni Choubey spoke on importance of vegetarianism. The children of class VIII and IX put up a wonderful dance show on conservation of nature and protecting wildlife. Mr. K.P.G Reddy addressed the students and motivated them to save the environment and show compassion to one and all.

The Vote of thanks was rendered by the Karuna club coordinator Mrs. Vasundhara Nahar.

## **Quiz Contest**

Our school conducted a quiz for children of classes 7 and 8 on Values learnt from Puranas. The children were asked brainstorming question related to various animals that played significant roles in Puranas and values learnt from them.

### **Conservation of Resources**

Students of class 10 enacted various natural resources that explained how we must strive to conserve them. The role play was supported by the use of placards. Children were made to understand the vast resources nature provides us with, and how we must strive to conserve them so that our future generations do not suffer.

# **Donations f or Relief Fund**

The disaster that happened at uttarakhand is unspeakable of. But, in our capacity whatever squirrel's job we could do, we had taken up. The Students Of Chinmaya Vidyalya, Virugambakkam contributed Clothes, Toiletries and cash towards a very noble cause of helping the distressed people in Utarakhand. We sent the packages through post on 20th July. A cash amount of rupees 10,000 was donated for the same.

In order to create awareness, the children of Chinmaya Vidyalaya, Virugambakkam enacted a skit to highlight the causes of such disasters and how we can take steps to prevent them. The importance of saving trees and conserving nature was highlighted.

We also had talk in the assembly where Ra. Harini of class IX spoke about compassion towards animals and how we must try to show our love towards them. Many children spoke about how they care for their pet animals and how some of them even tried to save a few stray animals. A lot of love towards animals was kindled in children.

# Chennai Port & Dock Educational Trust HS School Student Training Programme

A Students Training Programme was held in CH.P.ET HSS on 28.06.13 by Karuna International.

The programme began with the prayer of CH.PT school and Karuna Club.7 schools participated in the programme with 20 students from Port Trust school and 30 from outside schools.

Mrs. R. Mahalakshimi, Headmistress of the P.T school welcomed Thiru. L. Natarajan from Nalaya Bharatham and Mr. Karthick Murugadoss from Blue Cross Society. She also explained the meaning of Karuna.

Mr. L. Natarajan spoke about the values like compassion and kindness citing instances from stories. He added that by exhibiting love and affection towards all living beings one can get harmony in life. He also mentioned the incidents from the life of Swami Vivekananda, Subhash Chandra Bose and Abdul Kalaam.

Mr. Karthick in his speech he said that students must exhibit love and affection towards all living creatures. He suggested that animals must not be treated with cruelty and bullock carts must not be over loaded. In our country, we can adopt the street dogs as our pets. Thirteen animal sanctuaries and 2500 animals' organizations are there in our country. He used power a point presentation to explain animal welfare to the students. He mentioned that chicken are carried in vehicles upside down mercilessly.

## KARUNA INTERNATIONAL NEWSLETTER

Mrs. P. Kalaiselvi, PG Assistant from P.T school spoke about Global Warming, its threats and solutions. The increase in average temperature of the Earth's surface due to Greenhouse effect is known as Global Warming. The greenhouse gases like CO2, Methane, and CFC are responsible for this effect.

Prevention:-

- · Careful planning and setting of industries
- · Smoke emission test for vehicles
- · Recycling & re-usage of industrial waste etc

• Economical efficient and environment friendly decisions and plan must be done

Mrs. R. Saradambal delivered a talk on the scientific facts of vegetarianism. She said that the consumption of vegetarian food is certainly good for our health. She said that our body is also designed to eat only vegetarian food. She asked how many students are going to change themselves as vegetarians. Five students from M.P.T Corporation and one student from C.P.T school raised their hands and each gave a letter of declaration. Certificates are issued to the students at the end of the programme.

# **Intra School Competitions**

The Karuna Club of our school organized Intra School Competitions in various categories on 10/7/2013. The enthusiastic students participated with great zest and were awarded prizes.

# Bhaktavatsalam Vidyashram

# Inauguration Of Karuna Club And Compassion Day Celebration

The inauguration of Karuna Club, B.V. took place on 20.7.2013. Our Chief guests were Shri. Dulichand Jain, Chairman Karuna International and Shri Ramesh Surana, Member, Karuna International.

The function commenced with the lighting of lamp by our dignitaries followed by the Karuna Prayer song. Our Principal Mrs. Chandrika Prasad gave the Welcome Address and introduced the Chief Guest.

The secretaries Master Sri Aravindan of class X and Master Himanshu Ranjan of class IX were given the Karuna Club badges by the chief guests. The Annual Report of Karuna club for the year 2012-13 was read by our secretary Master Sri Aravindan. The action plan of Karuna Club B.V for the year 2013-14 was given by our secretary Master Himanshu Ranjan.

Our Chief guests Shri. Dulichand Jain and Shri. Ramesh Surana gave a thought provoking speech on the prevention of cruelty to animals. As a part of the Inaugural function, Compassion Day was also celebrated. The students of Class IX gave talks on Compassion.

After the speech the chief guests gave away the prizes for the winners of the Drawing competition held in the month of April 2013 on the topic "Where does our food come from?"

After the Vote of thanks was delivered by a club member, the inaugural function concluded with National Anthem.

# SCS Matric Higher Secondary School Drawing Competition

We conducted a drawing competition on 24/07/2013 in our school premises. The topic given to the students was "Save Animals".

# Pon Vidyashram Kolapakkam Environmental Week Celebrations

World environmental day is celebrated worldwide on 5ht June every year. We, Pon Vidyashram students and staff celebrated **Environmental Week** as a part of Karuna Club activity starting from June 10th.

As a part of this celebration, children delivered speeches emphasizing the importance of protecting the environment and ecology. As per the agenda students were involved in various activities like Cleaning The Campus, Making Paper Bags and performing Puppet Shows to create awareness on the ill effects of using polythene bags and other non-decomposable materials.

Students took an oath to protect the environment and not to waste food. It was an opportunity for the children to know how human actions affect the environment and mar the very existence the living beings. Altogether the celebration was platform for children to share their ideas and show their talents.

# L.M.Dadha Sr. Sec. School Inauguration of Karuna Club Activities

The Inaugural Function Of Karuna Club for the academic year 2013 – 14 In L.M. Dadha Sr. Sec. School, Chennai – 94 was celebrated on Saturday 20.07.13. Mr. Shanthilal Nahar, Vice President Of Karuna International inaugurated the function. Karuna Prayer was sung by the Club Members. The Chief Guest & the members of the club spoke on the values of Karuna, Viz. Ahmisa, Vegetarianism. They took the Karuna Oath to observe Karuna Values. A Tamil play On "Pugai Namakku Pagai" Was presented by Club Members. Birds Welfare Day falls on 21st July, To celebrate & to appreciate and consider what we can do to improve the life of our little feathered \_friends, Kindergarten children dressed like peacocks to show their love, affection and care for all pets. Mrs. T. K. Niranjana, Principal Of The School welcomed the gathering and presented a memento to the guest.

# Tree of Life Festival – Story Telling Session on 22.07.13

Digital storytelling is an increasingly popular way to present narratives. But traditional methods of reading aloud and immersing young listeners in a story should not be forgotten. Stories are ways to create a sense of events and exchanges, as we organise our experiences into meaningful episodes. To do this, we call upon combinations of prior knowledge, assumption, expectation, inference, pattern matching and metaphor. As we create different scenarios, we build understanding of narrative structure and develop deeper kinds of cultural and historical understanding. Moreover, traditional storytelling engages young learners in ambiguous and beguiling ways.

Keeping this in mind, Karuna Club of L. M. Dadha School in association with Prakriti Foundation organized "Tree of Life Festival" a Story Telling Session for std. V students of their school on 22.07.13. The story telling session was handled by Ms.Sheetal N.Rayathatha & Mr. Eric Miller, Story Tellers from World Storytelling Institute, Chennai. The areas covered by them were how to keep our earth clean; Pros & Cons of Sethu Samuthira Plan. The children enjoyed the session very much.

# **Inter House Competitions**

We have conducted Inter house competitions in English for classes I to XII on 12th & 17th July 2013

Interact & Karuna club of L. M. Dadha Sr. Sec. School organized Inter House competitions in English clad in multi colours for classes I to XII on 12th& 17th July 2013. Nearly 200 children participated in the oratory / skit contest. The talent and quality of presentation of the participants were evaluated by a jury composed of judges. Some of the topics covered were "The happiest moment of my life", "Compassion / Charity", "Latest technology- a boon or a bane", "Money makes everything", etc. Prizes will be distributed to the winners on the Independence Day.

# Smt.Gangadevi Bajranglal Chokhani Vivekananda Vidyalaya Minjur Inauguration of Karuna Club

Karuna club activities 2013-14 was inaugurated in our school under the banner of Karuna International. Fruits Day was celebrated to create an awareness in children the nutrients in all fruits.

# Chinmaya Vidyalaya, Annanagar Karuna Activities Inaugurated

The activities of the Karuna club for the academic year 2013-14 was initiated by the Principal, Mrs. V. Gowrilakshmi on the 3rd of July. The members of the club took the Karuna Pledge in the assembly. The Principal encouraged the students to take part in the various activities of the club. Dyutita Ajith of class VIII was nominated as the President of the club. The duties of the members were read out to the children by the teacher-in-charge.

Activities in the month of July were:

**Vanamahotsav**, the festival of trees was celebrated in our Vidyalaya on 05-07-13. Speeches in Tamil and English were rendered in the assembly. The children spoke about Vanamahotsav and the importance of planting trees. The members of the club brought saplings and with the help of the gardener planted them in the school campus.

Intra School Competitions : Pencil sketching on the topic "SAVE TIGERS" for standard classes VI to VIII

**Drawing Competition** on the topic "SAVE OUR EARTH" for classes III to V

Collage Competition on "ENDANGERED ANIMALS" for class IX

First aid boxes were prepared by the children and handed over to the primary classes

# Springfield Matriculation Hr. Sec. School Medical Camp

Karuna Club Members of Springfield Mat. Hr. Sec. School organized a Medical Camp - Hatsun Product on 26.06.2013 in the Smart Class Room. About 900 students of classes one to eight have attended the session.

Three doctors conducted thorough check ups and gave medical reports to the students. Around 38 parents were present.

# **Nature Conservation Day**

Karuna Club Members of Springfield Mat. HR. Sec. School celebrated Nature Conservation Day on 29.07.13 at theschool premises. The students from std II to IX participated in various programmes. Speeches on Nature Conservation were given by IX std students, songs were presented by II and IX std students. A skit on blue cross was given by IV std students. Our principal appreciated the talents of the students.

# Smt.Samjuben Kapurchand Parekh Vivekananda Vidyalaya School, Manali Karuna Club Activities

We started our Karuna club activity for this academic year 2013-2014 on 15th June 2013 for classes III std – V std

First we started with our Karuna Prayer

Pledge was lead by the teachers and followed by the students

Moral values were instructed.

♦ A story about Sibi Chakravarthy was narrated by our Staff We started our Karuna club activity for classes VI std – VIII std on 29th JUNE 2013.

First we started with our Karuna Prayer

Pledge was lead by the teachers and followed by the students

✤ One of the student explained "<u>What Karuna stands</u> for"

# Chinmaya Vidyalaya, Taylor's Road, Kilpauk Student Training Programme on Humane Values

Karuna Club Inauguration of Chinmaya Vidyalaya, Taylor's road for the year 2013-14 was held on 20th July 2013. Mr. Ram Mohan and Mrs. Lakshmi Neelanakantan graced the occasion.

The inauguration commenced with the Karuna Prayer & Pledge. Mr. Ram Mohan delivered an inspiring and motivating speech on the "Secret of Success". The main secret of Success is V-Visualize, V-verbalize, and V-Vitalize.

Mrs. Lakshmi Neelakantan delivered a presentation on the topic "You are the World". Ms. Sowmya from Blue Cross talked on Animal Welfare and created awareness on the benefits of Vegetarianism.

Ms. Jyoti Sahu and Ms. Jamuna teachers of Vidyalaya coordinated the event.

# Thoothukkudi Dist.

# Kamlavati Hr.Sec.School. Sahupuram Karuna Club Activities

Karuna members celebrated the National leader Thiru. Kamarajars' Birth day on July 15, 2013. Songs were sung by our school choir and it was followed by speeches by students & the Principal.

July 17th Anjali was offered to our beloved mother Smt. Kamlavati Jain on her 16th Remembrance Day by planting saplings near our school fence. On the 20th we invited the students of Sivasailam (orphanage) of physically challenged children and the karuna members spent a day with them. To entertain them a cultural programme was arranged by our club members. The Physically Challenged children expressed their talent through gymnastics. They were provided with lunch, snacks and dinner. A donation of Rs.10,000/- was presented to them.

# **Intra School Competitions**

Karuna members participated in the following Intra School Competitions:

On 01-07-2013 Drawing competition for classes VI to XII was held. Out of 80 members who participated, 35 won prizes.

On 02-07-2013 Rangoli competition for classes VI to XII was held. Out of 60 members who participated, 25 won prizes.

On 18-07-2013 English Speech Competition for classes VI to XII was held. In that out of 50 members who participated, 20 won prizes.

On 11-07-2013 Thirukkural Recitation Competition for classes III to VIII was held. In that 60 members participated, 24 won prizes.

# Thanjavur Kendra

# Shri Venkateswara Mat. Hr. Sec. School

Ruskin English Literacy Association meeting was held in Shri Venkateswara Mat. Hr. Sec. School on Saturday 27/7/2013. Dr. S. Sakthivel, Professor of English Department from Raja Serfoji College, was the Chief Guest. He gave the valuable suggestions to the students, quoting various incidents.

First of all Mr. N. Srinath, Vice – Principal welcomed the gathering, Mr. G. Jaishankar Principal of this institution felicitated the students. The retired principal of the above institution, Ms. S. Gowri gave the Presidential Address.

Students from various standards recognized the literary works of Shakespeare, Eliot and Swamy Vivekananda. Students of VIII Std enacted a drama on the title, "Many Taste, One India".

Karuna Values such as Kindness and Compassion were emphasized by the Students. The students of the Karuna Club took the pledge to be vegetarians. Asst., teacher, Ms. Mariyammal rendered the vote of thanks. The function came to an end with the National Anthem.

This year nearly 300 people enrolled themselves in the Karuna Club. Elaborate arrangements were made by the members of the Karuna Club for the successful programme.

# **Coimbatore Kendra**

## Chinmaya Vidyalaya-CBSE, Vadavalli Inauguration of Karuna Club

The Karuna Club was inaugurated by Mrs. Lakshmi Neelakantan, CEO, Karuna Club International on 28.01.2013 and Mr. Sugand Chand Pugalia, Convenor, Coimbatore Kendra presided over the function, accompanied by Ms. Shilpa Golecha.

The programme began with the recitation of prayer on Karuna followed by the Karuna Pledge. Students recited couplets of Thirukkural with explanation about the renunciation of flesh and non-killing of animals.

The chief guest said that the primary objective of the club was to kindle the feeling of love, kindness and compassion towards all living beings – plants, animals and human beings. She insisted that it was the duty of every citizen of India to protect and improve the natural environment including forest, lakes, rivers and wild life. She delivered in her speech the objective of Karuna the club to live a meaningful life and let others also live meaningfully.

The programme came to an end with the CEO's words of praise and encouragement of the karuna club members.

# Karuna Club Activities:

Visiting an old age home and sharing and caring /Home for the handicapped; Display of chart on Nutritional Values of Vegetarian Diet; Preparing a first aid kit; Collecting a handful of rice; were some of the activities taken up in our school.

Students of Grade III to VII made paper and cloth bags and distributing them –on 11.02.2013

Students of Grade I to VIII worked together for Keeping the environment clean and green; Preserving greenery in the school campus on 04.02.2013.

#### Vishakhapatnam Kendra

### CATCH School (Amman Academy) Prize Distribution

Karuna International National Level Competitive Examination - 2012 on Stories on Compassion Prize Distribution by K.I. Vishakhapatnam dist. Kendra at "CATCH School" (Amman Academy) on 08/06/2013.

Those who attended:

Sri. Bala Krishna Rau, Chairman Emeritus, Sri M.V. Ramana, Chairman, Sri Hara Gopal, President, Sri K. Durga Prasad, Gen. Secretary, Sri Bangar Raju, Vice President, Sri Nalabotu Rama Rao, Vice –President, Sri N. Sirnivas, Jt. Trasurer, Sri N. Ravishankar, Sri S.R.L. Narasimha Rao, Sri Adari Kishore Kumar, Smt. Sailaja.

Karuna Club students, along with parents and the public were present. Sri Bala Krishna Rau, sang Prayer and spoke on Karuna values in younger generation. The other dignitaries, and Samaikhya Andhra Vikas Convenor Sri Adari Kishore Kumar, also highlighted moral values.

The Karuna club students of Catch School were presented with Karuna International Awards cum Appreciation Certificates for the National level Competitive Examination -2012 on Stories On Compassion.

On this occasion the children exhibited their talents in Vedic Maths and entertained the audience; this was followed by a Quiz Competition conducted by Sri M.V. Ramana, who himself presented individual prizes to those who answered well.

The programme ended with Karuna Pledge and Vote of Thanks followed by the National Anthem.

## Kurnool Kendra

### Teachers Training Programme on Humane Education

A One day Teachers Training Programme was conducted on 13/7/2013 from 9 a.m. to 4 p.m. by Karuna International Kurnool Kendra. 22 Schools Participated.

Dr. Rajasekhar, Mr. V.Janardana Reddy, Mr. B.N. Settee, Ms. Jamuna Ramakrishnan were the luminaries of the meet. 40 Teachers from various corporate schools of the city attended and received training in Karuna club activities.

All the speakers gave valuable messages on the Karuna concept. Smt. Jamuna, Resource Person from Karuna International Chennai gave an inspiring speech.

Office bearers Mr. Manilal Jain, Mr. Milap Jain, Mr. BN Chetty, Mr. Govinda Rao Mr. Pulla Reddy, Dr. Nagaraju, Dr. Raju Gopal, Mr. Navasingh Rao contributed and made the meet a grand success.

The meeting came to end with the National Anthem.

## Montessori High School, Vidya Nagar, Kurnool World Compassion Day

We observed World Compassion Day and also our beloved Founder Correspondent Mrs. P. Kalyananna's first Death Anniversary in our school campus on 13/072013. She was an embodiment of love and compassion.

We know that compassion and kindness towards weaker sections in the society builds a strong human character and that childhood is the best stage in life to mould a positive and conscious individual On that day, X class students and two guide teachers visited 'Annapurna Orphanage' in Chidambara Rao Street, Kurnool distributed note books and pens to the needy and interacted with them. These articles were donated by our X class Students.

# National Birds Welfare Day

National Birds Welfare Day was observed at Montessori High School, Vidya Nagar, on 18/07/2013. In these connection nearly 600 students from III to IX students participated in various competitions on the topic Our National Bird. The project was inaugurated by our Headmistress Mrs. K. Swarna Latha garu.

Children took great effort to build the nests and were able to present their skills in coloring, collage work, drawing and Rangoli very well. It was judged by the drawing teacher and prizes were distributed on 21/07/2013. This programme was supported by Karuna Club of the school.

- III Class Collage work
- IV & V Class Essay Writing
- VI & VII Classes Drawing and Painting
- VIII & IX Classes Rangoli

# **Congratulations!**

# Surana Jain Vidyalaya & Junior College

Happy to share that our collaborative projects with sister school in America has been selected as **Top Global Initiative Projects** and was recognized in the Global Education Conference at ISTE the world's most comprehensive ed tech event at San Antonio, Texas, USA. ISTE is the premier membership association for educators and education leaders engaged in advancing excellence in learning and teaching through innovative and effective uses of technology. ISTE members include individuals, regional and international affiliate organizations, and corporations. With its affiliate network, ISTE represents more than 100,000 education leaders throughout the world.

Among 70 country schools participating, SURANA SCHOOL and the sister school in America LADY BIRD JOHNSON HIGH SCHOOL, IRVING USA was selected as the best GLOBAL Initiative project. For using the Best Technology tools and **Prospective subjects such as Food wastage, Vegetarianism, Culture, Family ties** were selected for interaction between the two school kids for the last two years.

To add feather to the venture there was "IRVING2INDIA" Robotics competition between both the school where Robots were designed by both the school kids and SURANA SCHOOL won the Big Dollar AWARD for designing innovative robots; the design, its use and the presentation was truly applauded by the Jury in America. It is the Kids efforts and innovative idea and use of technology that lead to such a great recognition globally.

The management is elated with this great achievement ever a Chennai School has made; Getting recognized in America among 70 schools in the world is an honour.

# Karuna International, the Vibrant Voice of Non-violence

Violence is not the hallmark of any civilized society. It destroys most mercilessly the edifice of Peace and Non –Violence. It may be a glittering badge adorning the uniform of a devastating despot. Violence sows the seeds of ill will to reap an evil harvest of hatred and jealousy. It storms the hearts of peace –loving public with the thunder of ambition and the lightning of arrogance.

But, it is painful to note that almost all of us are indulging in violence, in some way or the other. We are tilling the earth to grow our croups. We are digging wells and canals for our survival. We are hacking down trees to raise spiraling apartments. Is it not violence on mother earth? Towers are erected, tracks are laid, roads are widened, bushes are cleared, bores are deepened, seas are explored, rivers are diverted, hillocks are tonsured, children are kidnapped, women are trapped, gods are questioned, peace is crucified, moral are sacrificed, justice is nailed, honesty is booed, integrity is insulted, values are polluted, tenets are deserted and virtues are looted. Are not these the scenes of Violence?

Mere killing of birds and beats is not the only definition of violence. Any attack on peace and non-violence is violence. The rewards of non-violence are eternal. But the rewards of violence are momentary and soon burst out in the winds of non-violence, like soaps bubbles.

If palm is the extension of the hand and the foot is the extension of the leg, charity and grace are the extension of the heart. These two vibrant virtues had redefined man and woman as Mahaveer, Buddha, and Christ, Prophet Mohammed, Mother Teresa, Florence Nightingale and several other stalwarts who are even now venerated as the crown of creation. Their message is the vibrant voice of Karuna International. Karuna International will continue to enlighten the masses as long as Karuna (Sympathy) continues to transform man into a human being.

Principal, C. Abdul Hakeem College, Vellore

# Buddha's Words Of Wisdom Buddha taught these few simple truths

- Refrain from evil. And the essence of evil is hinsa, violence.
- Follow good. The highest good is the perfect life. And the life that flowers in perfection is nirvana.

- The way to nirvana is (i) self control, self restraint, elimination of passions, (ii)Compassion on all creatures, men and birds and beasts, and (iii) service of the poor and weak.
- There is suffering in the world, because life is infected with trisna, desire. So be detached, giving desireless love to all, powering compassion on every creature. Mediate everyday on this one truth that life is one, but the forms are many and passing.
- Hatred does not cease through hatred at any time. Hatred ceases through love. This is unalterable law.
- Have compassion for all beings rich and poor alike; each has their suffering. Some suffer too much, others too little.
- In a Controversy the instant we feel anger; we have already ceased striving for the truth, and have begun striving for ourselves.
- Teach this triple to all: A generous heart, kind speech, and a life of service and compassion are things which renew humanity.
- > To understand everything is to forgive everything.
- You will not be punished for your anger; you will be punished by your anger.