

Ahimsa Maha Sammelan at Chennai



The Ahimsa Maha Sammelan is a month long summit organized by Sree Vepery MurthiPujak Sangh in association with a number of service organizations in Chennai.

The summit was inaugurated by the Mayor of Chennai, Sri Saidai Duraisamy on 2nd October Gandhi Jayanthi, now declared as the International Day of Peace and Nonviolence.

Acharya Sooryashrajeshwarji, Sree Namra Muniji, Upadhyay Pravar Praveen Rishiji and several other Jain Monks graced and blessed the audience with their inspiring discourse.

Ahimsa Hasthi Awardee, Dr. Kalyan Gangwal, eminent Cardiologist and Ahimsa Warrior and Dr. Chranjilal Bagra recipient of Bhagwan Mahavir Award this year were special invites who shared their noble thoughts with the large audience.

Acharya Sooryashrajeshwarji Maharaj announced the founding of the Ahimsa Trust which will work untiringly to spread the message of ahimsa worldwide. Sri Vinod Surana spoke of establishing a special legal cell against the export of meat.

Karuna International is participating in a big way to make the Ahimsa Sammelan a grand success. Sri Padam Kumar J. Tatia, President Chennai Kendra made a presentation detailing the various activities planned.

- Exhibition on Karuna Values on 15/16/17 October
- Ahimsa rally on 3rd November
- Rangoli Contest on 3rd November
- Inter School Competitions : Skit, Poster Making, Essay writing, Quiz, Oratorical, all based on Karuna Values.

Details of the programme have been sent to all schools in Chennai, 5000 children from over 100 schools will participate in these activities. For any information or more details please contact our office at 2523 1714 / 4206 1663

CHENNAI KENDRA

Devi Academy Senior Secondary School Karuna Activities

HEALTHY BREAKFAST

Devi Academy conducted an activity 'Start The Day With Healthy Breakfast' in the month of July.



Start the day actively with a **vegetarian** diet after a rest of 8 to 10 hours. We need to refill our energies with a healthy meal. This first meal of the day is our breakfast. It should always include high energy giving foods like protein, fibre. Corn is a protein and fibre rich simple food. Thus corn flakes make the fastest, easiest and healthy breakfast.

Always remember to breakfast like a king.

APPRECIATING NATURE



Onam is the harvest festival celebrated by the people of 'God's Own Land'. The people of Kerala believe that God is in nature. For example, in Ananthakadu an Illupa tree (Indian butter tree) fell down and became 'Anantha Sayana Moorti'. So respect and conserve it.

In connection with this, Devi Academy celebrated the festival of Onam in the month of August.

**Dr. Nalli Kuppuswami Vivekananda
Vidyalaya Junior College, Korattur
KARUNA CLUB ACTIVITIES**

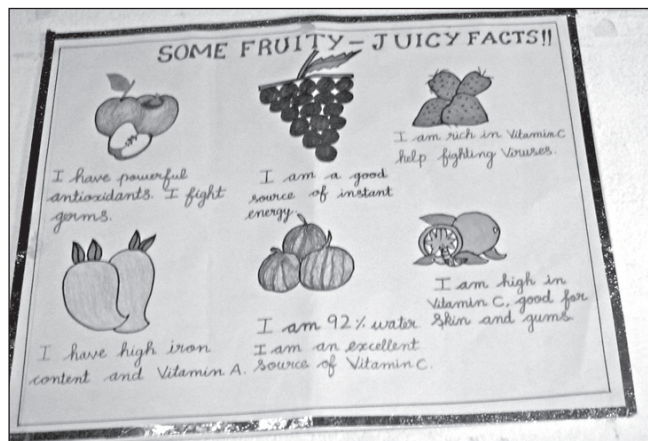
Picnic with Vegetarian diet- 23.08.2012

VI Std. Students went on a picnic on 23.08.2012 to MGM Dizee World. We motivated our students to bring 1 fruit / Vegetable each for the tour and have a common lunch sharing the vegetarian diet. The students brought salads – Fruits, Vegetables and Fruit juices. It was displayed and relished by our students. Good aspects of vegetarianism were discussed before lunch. A similar diet was also taken by students of class VII for their tour on 30.08.2012 to the Vandaloor Zoo.

Visiting of Zoological Park – 30.08.2012

Students of class VII were taken to Vandaloor Zoological park. Students enjoyed the trip. The teachers illustrated the beauty of the birds and animals, misuse of the valuable animal byproducts, crime aspects of poachers and prevention of cruelty to animals.

Lecture on Vegetarianism - 30.08.2012



As a part of the Karuna Club programmes suggested by the Karuna International, we at our Vidyalaya organized a lecture on vegetarianism. It was held on 30.08.2012 between 10 a.m to 11 a.m. Dr. J. Ramakrishna Ph.D. Retd. Professor, Madras Veterinary College, was the guest speaker and 175 students from class VIII. were the audience for the programme. Our Karuna Club teachers joined the students.

The programme commenced with the Karuna Prayer followed by the Welcome Address given by our Principal. Karuna Oath was taken by the students to reinforce the importance of Non-violence, Compassion, and prevention of cruelty to animals.

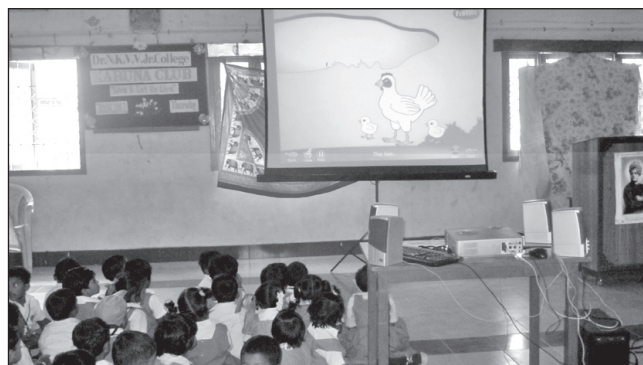
Soon after the Karuna Pledge, Dr. J. Ramakrishna delivered his lecture on vegetarianism. He began

his lecture by explaining the definition and types of vegetarianism, vegetarianism followed by different religions, health gained by intake of plant foods, ill effects of taking meat, the pain of animals in slaughter houses, character of non vegetarians. He cited the glorious examples of some famous leaders, national, spiritual, education, sports who follow vegetarianism.

Dr. J. Ramakrishna supported his lecture with a CD show. He explained the energy gained by the vegetarian, health problems faced by a non-vegetarian including loss of calcium, bone disorders, heart problems, malfunctioning of body organs, attainment of puberty in girls, etc.

The entire programme was lively, informative and made interesting by the questioning session of the speaker, motivating the students by presenting them small gifts at intervals. The programme concluded with the vote of thanks by the Karuna Club Teacher In-Charge.

Video Shows of Animal Stories on 30.08.2012



Love for Animals can be kindled in the tender minds of pre-primary children. We at our Vidyalaya have utilized CDs to educate children from class LKG to II Std. through Rhymes (Animals & Birds) Grandma Tales & Panchatantra stories. We believe this has created a lot of impact on our children (No. of Participants – 800).

Karuna Club Activities at Dr. Nalli Kuppuswami Vivekananda Vidyalaya Jr. College are being carried out with enthusiasm and vigour under the able guidance of our Principal Smt. N. Kalaimani M.Sc., B.Ed and the support rendered by the management.

**L. M. Dadha Senior Secondary School
Karuna Club Activities
Programme on Organic Items on 28.08.12**

Karuna Club of L. M. Dadha Senior Secondary School organized a programme on organic food in the school premises. The school Principal,

Mrs. T. K. Niranjana welcomed the guest & presented a memento. Mr. M. Arulraj from Pasumaigam, spoke about the importance of organic food; how the use of this food can prevent many diseases like blood pressure, diabetics, heart related diseases, etc. He showed some organic food stuff to the children and made the children aware of the benefits. He had a good interaction with the students. He told the students to carry the message of the importance of organic food to their parents. He concluded his speech with a message "Let our expenses save our health".

Teachers' Day Celebrations on 05.09.12



L.M.Dadha Sr. Sec. School celebrated Teachers' Day in their school premises. The Karuna Club of the school conducted Herbal & Vegetable Fresh Juice Preparation Contest for the teachers which was adjudged by Mrs. Aadhirai Venugopal, Journalist & Cooking expert. She also interacted with the teaching faculty. More than 40 teachers participated in the competition.

A Guest Lecture was also arranged on the occasion and Mrs. Loganayaki, Editor, Snegidhi Fortnight Magazine. The Chief Guest was received by the Principal, Mrs. T. K. Niranjana. The Chief Guest delivered



a speech on the topic "Role of Teachers" and called upon the teachers to understand children's psychology while interacting with them. The Correspondent, Mrs. Shobha Krishnan presented mementoes to the dignitaries. The Guest, Mrs. Loganayaki distributed prizes to the top 5 winners.

Installation Of Nests

The Karuna Club & Interact club of the School installed Bird's nests in the Kinder Garten Section. Mrs. Gayathri Krishna of MNS of India installed the nest. The children fed the birds with grains and water. She also presented a C.D on birds (The Birds of Chennai) and interacted with the children on the topic. The children promised to take care of our Planet. The Guest appreciated the work of the school management and other club members. Mrs. T.K. Niranjana, Principal of the school welcomed the Guest and presented a memento.

Chinmaya Vidyalaya Annanagar Inter-School Competitions

The program started on an auspicious note with an invocation by the school choir.

The Karuna club in charge, Mrs. Prameela welcomed the gathering and introduced the chief guest. The chief guest of the day Prof. B. Ramanathan, Joint Secretary, KI, Chennai Kendra, lit the kuttuvillakku and inaugurated the competition.



The Karuna prayer was rendered and pledge was taken by the students. Prof Ramanathan briefed the students about Karuna values.

After the vote of thanks the participants dispersed to their respective venue for the competitions. The students enthusiastically participated in the various events.

A Vegetarian Mela was organized by the members of the Karuna club with the help of Seva students. They

put up stalls of sandwich, salad, fresh juice and butter milk. An amount of Rs. 3000 was collected which will be donated for a noble cause.

The student distributed pamphlets on environmental issues to the parents.

The valedictory function was organized, and was presided over by the Principal, Chinmaya Vidyalaya Annanagar Mrs. V.Gowrilakshmi. The prizes and certificates were distributed following which each school was presented with a sapling as a memento.

S.S.K.P. Vivekananda Vidyalaya Manali Inauguration of Club

This is the report of the inaugural function of Sibi Karuna club on 7.9.2012. The function was presided over by the Assistant Correspondent Shri Dilip Jain, and was a success with the presence of Principal, Staff and students of V - IX std.



Smt. K. Jayanthi, the Karuna Club in charge gave the Welcome Address and a report of the activities conducted so far. The programme started with the Karuna prayer and its meaning, benefits of Karuna were explained by a student, followed by the Karuna pledge. There was a brief explanation about what Karuna stands for, by our students holding pictures related to them. There was a message delivered on Karuna values by the Assistant Correspondent and how it was up to the students to be passionate towards the sufferings and act compassionately. An autobiography of a goat enacted by two of the students II, VI Std touched the hearts of the audience.

The programme ended with the vote of thanks given by our Principal. She also motivated the students and staff to act with Karuna. The Karuna member badges were presented to all the participants, and organizers. We have planned to conduct many activities and programmes on compassion towards all living creatures.

Chinmaya Vidyalaya -Taylor's Road, Kilpauk Karuna Club Activities Collage Competition on Conservation of Nature

In association with Green Peace Society, Karuna Club members of class VII participated in a collage competition on the theme "Conservation of Nature" which includes conservation of water, air, soil, forest and energy. Students understood the causes, effects and ways of preventing all kinds of pollution and different conservation techniques that can be adopted.



Keeping the Environment Clean and Green, Cleaning the School Campus

The young members of our club took an oath on June 23rd (Karuna club Inauguration day) to plant one sapling each and monitor its growth as part of our social and moral responsibility towards Mother Nature.

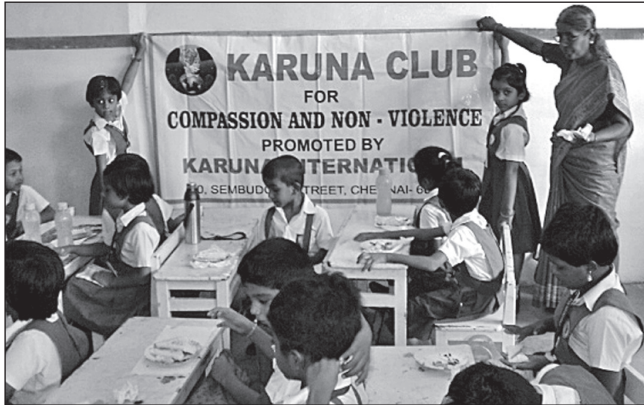
There is a great need to spread the awareness for preserving the eco system in view of the rampant pollution, de-forestation and urbanization. Trees help to



keep the air pure. They help in reducing global warming. Depletion of ozone layer can be reduced to a large extent by afforestation. For every tree that is cut, we need to plant at least 10 saplings in order to maintain the ecological balance. Also we requested all students of our school to join us in this effort to move towards a Greener, Healthier Environment.

Pon Vidyashram, Valasaravakkam Sandwich Day-13.09.2012

The U.K.G classes of Pon Vidyashram, (Valasaravakkam Branch) celebrated "Sandwich Day" on Thursday, 13.9.12 to create awareness about eating healthy food and to say "No to junk food". This day was

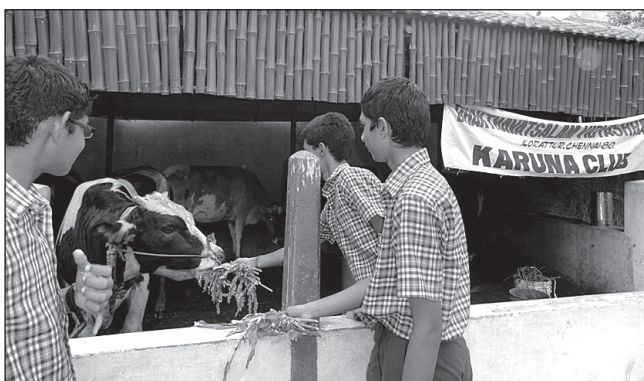


celebrated with much pomp and show. There was also a wonderful display of charts depicting the importance of vegetable ingredients used in making sandwiches. The children relished the activity and had a hands on training in preparing sandwiches.

Bhaktavatsalam Vidyashram Karuna Club Activities

Visit to Ghoshala

Karuna club members of Bhaktavatsalam Vidyashram visited a nearby Ghoshala (Padi) on 4th September, 2012. They carried varieties of leafy vegetables and bananas with them to feed the cattle.



The care takers of the Ghoshala explained to the students, the different breeds of cows in the Ghoshala and their maintenance. The Karuna Club members fed the cows and calves in the ghoshala with leafy vegetables, greens and bananas.

Initially, the students hesitated to go near the cows due to fear, but with the encouragement of the care takers and their teachers, they fed the cows and pampered them.

Vegetable salad preparation

On 15th September 2012, Karuna Club members of Bhaktavatsalam Vidyashram prepared vegetable salad in the school premises. Students were taught about the nutritional value of vegetables, they were also taught how to prepare salads in a hygienic way. They understood the importance of including vegetables in their diet. The students were advised to pursue vegetarianism.

Fruit salad preparation

Karuna Club members of Bhaktavatsalam Vidyashram prepared fruit salad on 18th September 2012 in the school premises. Students were asked to bring different



kinds of fruits. Students also brought honey and nuts to add flavour to the salad. Students were explained about the vitamin and mineral content in the fruits. Students were made to understand that people who consume only vegetables - fruits, nuts and greens live a long, hale and healthy life.

Mukkala Nammalwar Chetty Vivekananda Vidyalaya Kundrathur Hazards of plastics and solid waste management

A unique project was taken up by a team of 5 students of standard VIII studying in Mukkala Nammalwar Chetty Vivekananda Vidyalaya, Kundrathur. The students : D.Manikandan, Dilip Prabhakaran, P. Amruthavarshini, L. Nivedha & S. Divyashree called themselves 'Panchamithras' the friends of the five elements of nature, set out to clean 'Sambandam Nagar', the locality adjacent to the school, where heaps of plastics and polythene covers and bags were found strewn on the



roadsides and empty grounds. They sought the help of the school Scouts, Guides and Junior Red Cross teams and went about cleaning the locality. They organized meetings and awareness programmes, invited the local residents, welfare association members and presented a power point programme on the 'hazards of plastics' and 'solid waste management'. They collected some 12 tricycles of plastic wastes and handed over to 'Hand in Hand' – an NGO involved in solid waste management. The 'Panchamithras' have committed themselves to keep their neighborhoods' free of plastics and also educate more and more people about it. The school's Correspondent, Shri R. Ravindran and the Vice Principal, Smt Subhashree Ravichandran welcomed the initiative of the 'Young Leaders' and appreciated the efforts of the students and Smt T. P. Leelavathi, the teacher who motivated the 'Panchamithras'

Karuna Club Annual Programme

Albert Einstein said "Our task must be to free ourselves by widening our circle of compassion to embrace all living creatures and the whole of its nature and beauty."

The school's Karuna Club Annual Programme was celebrated on 15th September 2012. Cultural



programmes, a play which instilled the thought of non-violence among the students and a group song which kindled compassion towards all living things enthralled the audience.

Prizes were distributed for various competitions like Drawing, Painting, Essay Writing, Oratorical in English and Tamil, Poster Presentation, Storytelling, Story Writing, Making Animal Shelter, Animal Album etc. under the topics like Share and Care, Beauty without Cruelty, Stories On Karuna, Live And Let Live. The students imbibed the values of compassion, non violence, love, respect and kindness to all living creatures.

Shri Dulichand Jain, Chairman Karuna International, Smt Lakshmi Neelakantan, C.E.O. of Karuna International, Shri Kumaran, Pracharak of Karuna International, were present during the occasion. Shri Dulichand Jain explained the meaning of Karuna prayer and spoke on the importance of being kind and loving towards all living creatures. Smt Lakshmi Neelakantan appreciated the children and also encouraged them to be loving and kind towards all living creatures. She spoke highly of the efforts of the children in keeping their campus clean and green. Shri T. C. Anbalagan, Correspondent of the Vidyalaya and Smt Subhashree Ravichandran were present during the occasion.

Modern Senior Secondary School Activities Of Karuna Club

The Karuna club of Modern Senior Secondary School is very active and involved all the the students of VIII std in various activities and programmes

In the month of June, the students of **VIII A** were instructed to collect a handful of rice everyday for a week at home. The co-ordinator of Karuna club and the children visited an animal shelter and donated the collected amount of rice

The students of **VIII B** showcased individual albums on endangered species as a project for the month of July.

An origami session on animal shapes was conducted for **VIII C** students at an activity in August. In the same month, **VIII D** students were instructed to prepare a first aid kit for animals / humans as part of Karuna club activity.

An essay writing competition on Vegetarianism , Medicinal Values Of Vegetables was conducted for the **VIII E** students in the month of September by the Karuna club

Smt.Gangadevi Bajranglal Chokhani
Vivekananda Vidyalaya Matric. Hr.Sec.School,
Surya Nagar, Minjur

We are glad to inform that the students of our School celebrated the Vanamahotsav Day on 02/08/2012 under the banner of Karuna International.

Gandhi Jayanthi Celebrtions @ PSBB, T.Nagar

We can never obtain peace in our outside world until we make peace with ourselves - Dalai Lama



The students of Padma Seshadri Bala Bhavan Senior Secondary School, T.Nagar formulated and took the following pledge for peace.

*We the students of P.S.B.B school
 give our salutations
 to all the martyrs
 who have given their
 lives to bestow our
 nation's independence
 We hereby take an oath to be
 Ambassadors of peace and
 Ahimsa. we swear to
 be ever truthful and sincere
 in all our work and bow down
 in respect to our nation and its children!
 we promise to practice non-violence in
 our everyday lives
 and live by the saying "peace is the mother of life"!*

Nishaka, Shashank, Diksha and Aashiq - VI-D

The students also participated enthusiastically in chart / poster making. Students of Classes VII & VIII presented information on Gandhiji in the morning assembly giving details about the Mahatma from his early age, his role in India's Freedom Struggle and how he sacrificed his life for the same.



The students stressed on Gandhian philosophy and how it influenced the rest of the world.

Niveditha Bharathy – VIII A
 Karuna Club Secretary

**Vani Vidyalaya Senior Secondary
 and Junior College**

Students visit to Pinjrapole

The visit to Pinjrapole on 07th of September 2012 was a heartwarming and a joyous experience for class VII students of Vani Vidyalaya. The Karuna club, teacher in-charge – Mrs. Saraswathi and class teacher of VII A Ms. Shiva Shankari accompanied the students and they were taken by a school bus.

Students became aware of the fact that Pinjrapole was started in the year 1906 by Sir Arthur Lawley in view of providing a safe and a caring home for cows, buffalo, oxen, calves, goats and kids. They went around the cow shed and saw a variety of cows, later they were taken to a veterinary hospital. They saw many cows which were infected and injured. Students also collected information on birth rate, death rate, number of surgeries, cases treated etc inclusive of inpatients and out patients. They learnt that vaccinations are given once in a year, Machines check pregnant cows and medicines are given accordingly. Biogas is also produced here.

Students realized that to prevent the death of cows and other animals we should encourage the growth of institutions such as Pinjrapole. Cows should be treated as God and so we should not kill cows.

The visit to the Pinjrapole was definitely a wonderful opportunity for the students to learn the karuna value of kindness to animals.

Springfield Matriculation Higher Secondary School

National Environment Day



The Karuna Club of Springfield Matriculation Higher Secondary School, K.K. Nagar celebrated National Environment Day at their school premises. The students of Std I to VII stressed on the significance of the day by an enlightening skit which emphasised the need to grow plants and to avoid cutting trees.



The students planted saplings in the school campus to enhance the fresh and green environment. The Principal appreciated the efforts of Karuna club members in spreading awareness among the students to protect the environment and to save the earth from destruction.

Grant from Animal Welfare Board of India

Karuna International thankfully acknowledges the receipt of a grant of Rs. 5 Lakhs for the year 2011-2012 from Animal Welfare Board of India for organizing Humane Education programmes and for preparing and publishing literature, publications and C.Ds on Humane Education.

KARAIKUDI KENDRA

Muthiah Alagappa Mat. Hr. Sec. School, Kottaiyur Inauguration of Karuna Club

The Kirupalayam Karuna Club of Our school was inaugurated on 20.07.12 at 10.30 a.m. After prayers Miss. V. Rajalakshmi welcomed the gathering. Our Principal Mr. S. Murugesh Babu introduced the Chief Guest and delivered a speech about Karuna & Karma. Mr. M. Pandi Deen, Department of Tamil Alagappa University inaugurated the Club and delivered the Inaugural Address. After the Vote of Thanks by Mr. M. Daniel the meeting concluded with the National Anthem.

Dr. R.K. Shunmugam Arts & Science College, Indili Inauguration of Karuna Club

The Inaugural function of the Karuna Club was held in Dr. R.K. Shunmugam Arts & Science College. The college President Dr. K. Magudamudi presided over the inaugural function. The programme was attended by the Correspondent Sri K.P.R. Bala Krishna and Secretary Sri T. Govindaraj.

Dr. M. R. Lakshminarayanan, delivered the welcome address. The resource person of Karuna International Sri M.C. appandai Raj and Sri V. Selvakumaram, Pracharak, attended the celebration and delivered talks on Humane Values.

The programme was also attended by the Administrative Development Officer Mr. R. Ramam Kumaramangalam, Vice-President Mr. Sethu Murugan and the Karuna Club Vice Patrons Ms. R. M. Latha & Ms. T. Kanimozhi. In the programme, the values such as Environment Protection and Compassion for living creatures were dealt with. A Quiz, Dance And Skit on Compassion were the other events in the programme. The Karuna Club members attended the programme with great enthusiasm.

PUDHUCHERRY KENDRA

Balaji Hr. Sec. School, Embalam Teacher Training Programme

After the inauguration of the Karuna Club in this school, a Humane Education Training Programme for 65 Teachers was organized for the first time in co ordination with Karuna International, Chennai on 01.09.2012.

The resource persons of Karuna International, Dr. J. Ramakrishna, Retired Professor and



Mr. A. R. Shantilal Nahar, Vice-president of K.I. were at our school. The programme started at 10 a.m. with the school prayer, Dr. J. Ramakrishna conducted the Karuna Prayer.

The Introductory speech was given by the school Honorary Administrative Officer, Mr. N. Radhakrishnan. He introduced the eminent scholars.

During the discourse by Dr. J. Ramakrishna he said that animals and birds teach good habits to human beings though they have 5 senses only. Teachers were very impressed with his speech.

Sri A.R. Shantilal Nahar delivered his lecture in a very humorous manner, on the subject "How a teacher can become a world class teacher." All the teacher participants were engrossed in his speech for about 100 minutes. Many doubts were raised by teachers and patiently, he replied in a detailed manner.

A delicious lunch was served to all the teachers.

The afternoon session started by 2 30. p. m. The Pattimandram programme was interesting and informative. 3 teachers in each group debated What is the best food for human beings?: **vegetarian or non-vegetarian?** A healthy and heated discussion ensued. Finally the judge delivered his verdict in favour of vegetarian diet by quoting many examples.

Sri Prem Raj Jain, Auditor, member of K.I. Pudhucherry, gave away the certificates to the teachers. He addressed the gathering highlighting a vegetarian diet. Finally the programme ended with the vote of thanks by the school correspondent who appreciated the programme profusely. The programme concluded with the National Anthem.

All the teachers enjoyed the programme, they have given feedback that they have learnt a lot through this programme; the same will be conveyed to their students in a phased manner so as to make them good citizens with humane values.

VISAKHAPATNAM KENDRA

Karuna International, Visakhapatnam Act Of Kindness - Promotion Of Humane Values

Members of our Karuna Kendra who are mostly elderly Members of Sneha Sandhya, a Society for Senior Citizens regularly visit Free Old Age Homes on the 2nd, 3rd and 4th Sundays of every month and organize a programme called ATA, PATA & MATA (Quiz play, Musical Songs & a Brief Talk on Sprituality or Health). Arrangements are also made to handover Rice, Pulses etc., worth Rs.1, 500 to Rs.3000 regularly for each Home. Members distribute Buns, Fruits and Biscuit packets to the inmates on their Birth Days & Special Festivals. Once a year a cultural programme is also conducted with Music, Dance etc., followed by Lunch. We take them to local places by bus so that they can experience joy and happiness. One of the Life Members of our Kendra, Dr. N.S. Raju regularly visits Burma Repatriates Colony and Priya Darshini Old Age Home and offers Free Medical Aid and gives medicines absolutely free of cost.

Mr. C.V. Kumar, Hon. Member of our Kendra has announced that he will sponsor an excellent student, Miss T. Rajani's further studies of Engineering including cost for books, travel.

Our Members Dr. N.S. Raju & Shri. C.V. Kumar took the initiative to sponsor for Free Plastic Surgery by Dr. Sudhakar, a Surgeon of King George Hospital and a few other members also contributed to meet the expenses of Maria who had a cleft lip.

Our Kendra joined hands with Vikas Tarangini to involve Primary & High school students to participate in State Level Competitive Exam and the participants who scored highest marks will receive awards from His Holiness China Jeeyar Swamy during the month of November 2012.

It is said that if one is healthy, one must be Physically, Mentally, Socially & Spiritually a well being. Thus we are happy that by discharging the duties above, our Kendra stands in a healthy position in the Society by following the theme: **Together we Aimed; Together we Planned & Together we Acted and Rejoiced.**

K.Bala Krishna Rao
Chairman

K.Hara Gopal

K.Durga Prasad

**Gayathri Vidya Parishad, MLBT School,
Visakhapatnam
Karuna Children Prepare Clay Ganeshas**

Members of Karuna Club, Gayathri Vidya Parishad, MLBT School, Visakhapatnam in association with the Dept. of Fine Arts of Andhra University organized a camp in the School in preparing clay idols of Lord Ganesha, under the supervision of Secretary of GVP, Shri P. Somaraju and Co-ordinator Shri Dakshina Murthy.

Shri K. Hanumantha Rao. Sr. Manager of Andhra Bank, Vizag while inaugurating the Camp urged the children to play a part in protecting the environment. Principal, Smt. K. Madhurwani said the School was taking up programmes to create awareness about protecting environment and need for clay modeling especially on the eve of Ganesh Chaturthi which falls on 19th Sep., 2012 and National Environment day on 20th Sep., 2012.



Instead of using hollow idols, solid clay Ganesh idols have to be worshipped and at the time of immersion, they will not contaminate the water. This will keep the water quite safe for the fishes and other creatures and in turn safe for the humanity apart from protecting environment from poisonous chemical colours and paints.

Independence Day Celebrations

On 15th August, 2012 Members of Visakhapatnam Kendra, were in the KARUNA Club, Gayathri Vidya Parishad located near Beach Road, Vizag for a meeting and a flag hoisting function. Shri D.Dakshina Murthy, Advisor & Correspondent of Gayathri Engineering College was the Chief Guest. Our Hon.Member Shri Mattapalli Chalamiah garu was the Guest of Honour.

Meritorious students were awarded medals by our Hon. Member Shri Hiralal Jain, Life Members Dr.D. Ramana Rao, Shri G. Surya Narayana garu Retd. Manager of Canara Bank. During the meeting

Mr. K. Hara Gopal Vice President of our Kendra narrated to the students the story of our independence struggle.

Life Member Shri G. Surya Narayana garu has worked for free fixing of 14 ceiling fans through SBI for the newly constructed 4 storeyed building, an extension of the present school. Our Kendra presented the Peda Bala Sikshaw Book for the school children. Shri Hira Lal Jain of KCT-65 distributed chocolates to the school children along with photos of our national leaders, Gandhiji and Chacha Nehru.

Visakhapatnam Dist. Kendra - Report

20.09.2012 is National Environmental Day. On this day Sri K. Bala Krishna Rau, Chairman, K.I. VSP Dist. Kendra accompanied by Sri Haragopal, Vice-President visited G.V.M.C Primary School, NGGO's Colony, Akkayyapalem, and participated in Environmental friendly Exercise.



Sri K. Bala Krishna Rau planted a sapling and requested the students and teachers to be seriously concerned about Mother nature. Due to Global Warming the mercury is touching the record levels causing an imbalanced environment. Therefore an urgent need has arisen to save the depleting ozone layer and adopt sustainable means of development. In the name of development, we are killing nature and destroying the ozone layers. It is time to protect the environment because we have no right to destroy it.

Sri Haragopal and School Head master Sri K. Durgaprasad General Secretary K.I. and others also participated and expressed their views on Eco-friendly measures to protect the environment.

**Vignan Techno Spaes School, Huzurnagar
Inaugural function of Karuna Club**

The Karuna Club of Vignan Techno Spaes School was inaugurated on 5 September 2012. Smt. Sailaja Srinivas, wife of the Chairman of Vignan Techno Spaes School, Lion's Club President Huzurnagar was the Chief Guest.



The programme began with the Karuna club Prayer & Pledge by the Club in charge Mr. Anil Kumar, with IX, X Class students. The Welcome speech was given by Mr. Xavier, in charge of the Local campus.

After the Lighting the lamp by the guests, the Karuna Club in charge Mrs Dilna Bharath presented a Speech about the karuna club and its important activities. Mr. Nagender spoke about the motto of the club, News letter, activities & importance of prayer /pledge.

The Principal & Karuna Club President, Smt. A. A. M. Lakshmi spoke about the importance of the Sacred Stream Of Amity by Acharya Chitra Bhanuji, strategies for the promotion of humane values and ways to spiritual well being.

The Karuna Club members VIII & IX students presented a Skit on compassion of Buddha. All the teachers were felicitated and the S.P.L : Ms. Maduri, X class student delivered a Speech on the greatness of teacher. The Chief Guest was full of appreciation for the Karuna Club programmes and activities.

KARNATAKA STATE

Shri CDO Jain School, Gadag Karuna Drawing Competition

The colours of the life are vanishing due to our mechanical life. We have no regard about love and



affection towards the beautiful creatures created by Almighty. In order to bring colours in our life and other lives, we, the members of Kanuna club of C.D.O Jain School Gadag have decided to bring out hidden talents in our school children, under the guidance of our both Headmistresses Mrs. Ratna. S. Matha and Mrs. Romila. P. Kolhar.

On the eve of Teacher's day we conducted drawing competition among our school Karuna Club members. The topic of the competition was "To Show Sympathy towards Animal and Birds. The prize winners of the drawing competition are as follows:

High School Section

- | | |
|------------------------|-----|
| 1. Jyoti. S. Hiremath | 8 A |
| 2. Shrinivas. G. Joshi | 8 A |
| 3. Pavitra. Navalli | 9 B |

Primary School Section

- | | |
|-----------------------|-----|
| 1. Ramesh. B.Nazvalli | 6 A |
| 2. Vaibhav. S.Ladwa | 5 A |
| 3. Megha. V. Mane | 7 A |

The Club in-charge Teachers Mr. V.K. Kencharadder, Miss. Rathnaprabha. C. Baili and Mrs. Shailja. G.Joshi were also present.

Celebration of Raksh Bandhan



On the eve of Raksha Bandhan, we the members of Karuna Club, C.O.D Jain School Gadag were at the Betgeri institute for physically handicapped children. Our visit was an unforgettable lesson in caring and sharing. Our Karuna Club children tied Rakhi and distributed sweets among the inmates as a symbol of love and affection between brothers and sister in the true spirit of the occasion. The Children of Polio Home were excited and felt extremely happy to share their feelings.

The programme was successful under the leadership and guidance of our headmistress Mrs. R.P. Kolar and the in charge teachers of Karuna Club Mr. V.K. Raddy, Mrs. P.H. Banna and Mrs. Minal Mane. Ms. Easter Regina, Warden of the Polio Home co-operated and appreciated the programme arranged by our Karuna Club children.

"It is easy enough to be friendly to one's friends. But to befriend the one who regards himself as your enemy is the quintessence of true religion. The other is mere business." - Mahatma Gandhi

KARUNA INTERNATIONAL OFFICE BEARERS AND EXECUTIVE COMMITTEE MEMBERS 2012-14**Chairman Emeritus**

Sri. Surendra M. Mehta

Chief Patron

Sri. Bhanwarlal Gothi

Chairman

Sri. Dulichand Jain

President

Sri. Kailashmull Dugar

Vice-Presidents

Sri. N.Sugal Chand Jain

Sri. S. Shantilal Jain

Sri. A.R. Shantilal Nahar

Prof. P.M. Gopalakrishnan

Sri. M.K Jain

Sri. Ratanlal C. Bafna

Sri. Inderchand Dugar

Sri. Ashok Kumar Mehta

Sri. Padam Kumar J. Tatia

General Secretary

Sri. Suresh Kankariya

Secretary- Admn.

Sri. Padamchand S. Chhajed

Secretary

Sri. Sajjanraj Surana

Treasurer

Sri. Mahendra Kumar Jain

Joint Treasurer

Sri. Manoharlal Dhiran

Committee Members

➤ Sri Sayarchand Nahar

➤ Sri. Pukhraj Jain

➤ Sri P.D. Maheswari

➤ Sri Ramesh Mutha

➤ Sri N.C. Kothari

➤ Sri Ajit Chordia

➤ Sri Hari Shankar Agarwal

➤ Sri Vinod Surana

➤ Sri Jaswanth Munoth

➤ Sri D. Mohan Jain

➤ Sri. K. Subhash Chand Ranka

➤ Sri. Ashok Jain

➤ Sri Gyan chand Monot

➤ Sri. F.C. Jain

➤ Sri. Dhaval J. Chandan

➤ Sri Sudhir Surana

➤ Sri K.L. Jain

➤ Sri Mahendra Bothra

➤ Sri Suresh Baid. B

➤ Sri. P.M. Chordia

➤ Sri. P.R. Bhickamchand Bafna

➤ Sri. Vimalchand B. Singhvee

➤ Sri. K.P. Gangi Reddy

➤ Smt. Arti Chaubey

➤ Sri. Harikrishna Jhaver

➤ Sri. Santosh Kumar Puglia

➤ Sri. Ashok M. Khicha

➤ Sri. Champalal Ranka

➤ Sri. D. Jayantilal Jain

Affiliated Karuna Kendra Members

➤ Sri. S.P. Balasubramnian

➤ Sri. Manilal M. Jain

➤ Sri. Manoj Daga

➤ Sri. Laxmi Narain Modi

➤ Sri. Ajit Jain Jalaj

➤ Sri. Pandit Suresh Chandra Trivedi

➤ Sri. Ramesh Pandya

➤ Sri. Parasmal Jain

Nominated Members

➤ Sri. Prafulbhai Shah

➤ Dr. Priya Dharshana Jain

➤ Smt. Vijaya Kocheta

Institutional Members

➤ Dr. Md. Saleem Aslam

Special Invitees

➤ Maj. Gen (Retd.) Dr. Ram Mehar Kharb

➤ The Secretary, Animal Welfare Board of India

➤ Sri. Himmatmal Mardia

➤ Sri. Hariharan. V.

➤ Sri. T. Chakravarthi

➤ Sri. Dilip Dhing Jain

➤ Sri Meenakshi Sundaram

➤ Smt. Lakshmi Neelakantan

Ahimsa Maha Sammelan at Chennai

Report on page 22 in Hindi



"If you wish to experience peace, provide peace for another". - Tenzin Gyatso, the 14th Dalai Lama